

ROTARY CLUB OF NAROOMA INC

BEACON

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DATE
17 APRIL 2013

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TREASURER
JACK WIGHTMAN

APOLOGIES AND ADDITIONAL
GUESTS T

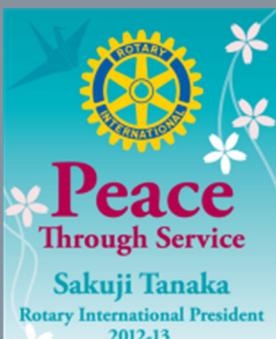
JOHN RUNGEN THE TUESDAY
BEFORE THE MEETING ON
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OR YOU WILL BE CHARGED
FOR YOUR MEAL.

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Tappings from Terry

What a night it was, last Thursday! Great rollup of members and guests and our most frequent visiting Rotarian: Colin Holmes, and his wife Enid, at the ABC Cheese Factory, where owner Erica Dibden allowed us to sample the cheeses, while we provided the wine and the conviviality. We learnt a lot about the challenges of re-creating a cheese factory in an old building, and the benefits of having a close relationship with a Jersey Herd, and the inherent advantages of the high butter fat content of their milk.

This was a vocational visit for the club, it would be good if we could have more, especially if anyone knows of a winery, brewery, or a distillery where we could sample the range.

I am in Victoria at present, helping the income of the medical profession again next week, I will not be back in time for Cinders, therefore cannot assist – or handicap – our participants, but I wish them all well. Therefore I will not tap next weekend, however, Have fun with Rotary

Terry.

Salk vaccine anniversary

The For more information click [here](#).

The Week that Was!(Or Barker goes Berserk)

What a great meeting at the ABC Cheese Factory, lots of great cheese, excellent wine and some outstanding company. Erica's talk on the ups and downs of the factory and the family's effort to produce cheese of the highest standard as well as some yummy full cream milk was one of the more informative meetings we have had for some time. Of course George regaled with an amusing story from his past with a fall into a cheese vat and some stories of hard earned pocket money delivering milk around the town.



Some photos from the Cheese Night at the ABC Cheese Factory – Central Tilba

Our Club supports RYDA

Narooma students were among 173 Year 11 students from across Eurobodalla Shire who attended Rotary's Youth Driver Awareness (RYDA) program at Moruya Race Course last week. Derek Anderson from Moruya Rotary Club coordinated the program with assistance from Moruya, Batemans Bay and Narooma Rotarians, while the program was supported by professional presenters and members of NSW Police.

Derek said the aim is to save lives.

"Students were shown the effects of drug, alcohol and fatigue, of speed on stopping distances, distractions and hazards drivers encounter including texting and talking on a mobile, the responsibilities of owning a car and the choices drivers make while driving," he said.

"They also heard personal and powerful stories from those who've been affected by fatal car accidents."

The program had a big impact on Merinda. "It has the potential to change lives, and the theme - 'My Life, My Choice' - was particularly powerful," she said.

"The message was whatever you choose immediately becomes your responsibility.

"Whether it's to switch off your mobile when driving, not to be a passenger when the driver has had a few drinks.... Kids have to realise it's their choice."

Angie said the effect of speed on the distance it takes to stop after braking was "a real wake-up call" for many students.

She felt a lot of older people could also benefit from this kind of program. "We all become a bit complacent and forget a car is a deadly machine," she said.

Our Club paid for the bus for Narooma High students.



Narooma Rotarians Chris O'Brien, left, and Angie Ulrichsen, Narooma High teacher Scott Mazzucchelli with some Narooma High Year 11 students.

This Week

This week is the annual Cinders Trophy challenge – the trivia quiz competition won last year by Moruya Rotary. We fortify ourselves with a great meal before getting down to the business of being brainstormed, the object of which is the enjoyment of fellowship with our Moruya mates as well as the attainment of superiority over them in brain power. It is an event not to be missed, and in view of Moruya's numerical superiority, we need to bring all the family members and friends we can muster to add to our bank of knowledge. See you there! 6.30 pm on Wednesday 17 April at the Moruya Bowling Club.

Jack's Report on the District Assembly

This is another report on proceedings of the District Assembly conducted on Saturday and Sunday 6-7 April.

Further to President Terry's report last week on Day 1: while Terry was attending the session on club committees, Jack spent time at the session for Secretaries and Treasurers, and received a 19-point list of secretary's responsibilities. Delegation of duties certainly crossed his mind. The topic of Insurance was on the agenda but wasn't addressed. Terry and Jack managed to buttonhole the District Insurance Advisor in the afternoon break and did indeed obtain the advice sought.

Amongst the sessions on the five Avenues of Service, Jack attended for New Generations where the emphasis was on the Rotary Youth Exchange Program (RYEP). Other topics covered in the handout included Rotaract, Interact, NYSF, MUNA and RYPEN. Then, with Terry, Angie and Brendan, he attended the Community Service session which covered Australian Rotary Health and Probus as reported by Terry, and BowelCare and MedicAlert, two programs we support every year. MedicAlert provides a 24/7 personal medical emergency information and identification service.

On Day 2, after the morning assembly, Jack attended the session for Club Service where there were brief presentations on membership (from one club's perspective), club visioning and social media. In a club visioning exercise a club looks to where it wants to be in 5 years' time and works back from that to set out the steps necessary to reach that goal. We should consider doing this. Social media is a way we can connect online with our communities, especially the younger generation, sharing information and photos and promoting club activities.

All attendees then assembled for a session in which the Membership Development Plan for our Rotary zone was presented. We are urged to adopt a three-year planning process. The regional target is 3% net growth per annum over the next 3 years, and the District goal for 2013-14 is membership growth of net 3 members per club. A key stratagem is to provide opportunities for non-Rotarians to participate in club activities and projects. The importance of rejuvenating club websites, social media and public image assets to enhance recognition of the Rotary brand and understanding of Rotary was stressed.

Keeping the website up to date was also a message delivered by Mark Wallace, editor of Rotary Down Under, in a forceful presentation on Public Relations and Media. We were advised to utilise websites primarily to attract potential new members and sponsors, and to place

information intended for club members on an intranet (with member log-in) or otherwise not on the internet. Mark promoted a new website hosting service being provided by RDU which offers a basic site and an interactive site (detailed on the RDU website www.rotarydownunder.com.au).

Although some feel that attendance at District Assemblies year after year is unnecessary, these gatherings offer great opportunities to meet District leaders, incoming District committee personnel and the incoming club officers and directors of other clubs, and to renew acquaintances and friendships developed over the years. It's a combination of networking and fellowship.

Some Humour

Doctors

The following quotes were taken from actual medical records as dictated by physicians.

Patient has chest pains if she lies on her left side for over a year

On the 2nd day the knee was better and on the 3rd day it disappeared completely.

The patient has been depressed ever since she began seeing me in 1993.

The patient is tearful and crying constantly. She also appears to be depressed.

Discharge status: Alive but without permission.

Healthy appearing decrepit 69 year old male, mentally alert but forgetful.

The patient refused an autopsy.

Patient has left his white blood cells at another hospital.

Patient's past medical history has been remarkably insignificant with only a 40 pound weight gain in the past three days.

She is numb from her toes down.

The skin was moist and dry.

Occasional, constant, infrequent headaches.

Patient was alert and unresponsive.

Skin: Somewhat pale but present.

Patient has two teenage children, but no other abnormalities.

Duty	18 April	25 April	2 May	9 May	16 May
Chair/Rotary History	No	Terry Irvine	Chris O'Brien	John Messner	Rolf Gimmel
Cashier/Wheel	Meeting	Chris O'Brien	John Messner	Rolf Gimmel	Brendan Wilson
Invocation		John Messner	Rolf Gimmel	Brendan Wilson	Laurelle Pacey
3 Minute Talk		Brendan Wilson	Bob Aston	Laurelle Pacey	Peter Bull
Fines			Laurelle Pacey		

If you cannot do your allocated duty please arrange a replacement then advise the editor

Date	Event
17 April	Cinders trophy w/ RC Moruya @ Moruya Bowling Club. PARTNER'S night
18 April	No Meeting
25 April	ANZAC Day – Board Meeting
2 May	Rob Pollock
4 & 5 May	Narooma Oyster Festival
9 May	ADG Vere Gray
16 May	Board meeting
23 May	Diamonds are Forever – Georgie Staley Partner's night