

## *The Rotary Club of Narooma Inc. Bulletin*

### JACK'S JOURNAL

Last week's meeting was not a big one as we had (or didn't have) 8 members on leave or otherwise not able to attend. Thanks to Barbra Williams' presentation, all who were present should be better equipped to reduce the risk of developing dementia.

Following the resignation of Paul from the position of Secretary, the role is being shared by Ted (Correspondence), Laurelle (Board Minutes) and me (Membership Records). The downside to this is that it adds to their not inconsiderable Rotary workload. I would prefer to have one person less encumbered doing the whole job. Anyone?

Bob (Aston) has continued to produce *The Beacon* this month pending appointment of a replacement for Bill Hardie. He will be relieved to pass the baton to Laurelle for the 6th August issue, thence to Bob (Antill) for the duration. Thank you, Bob (Aston), for a great job well done.

The Antill Bob has been busy coordinating the Mental Health Forum to be held on 6th August in the function room of the Narooma Sporting & Services Club ("Servo") preceded by two sessions at the High School. Be seated by 7.15 pm - it's our weekly meeting as well as for the public. Dinner is not organised but you might like to join others for an informal meal upstairs before the meeting.

A message from RI President John Kenny is published in this bulletin. It's one to 'read, mark, learn and inwardly digest', and act accordingly. *The Future of Rotary is in Your Hands.*

Yours in Rotary service.  
Jack

PS: The Yanks are coming!

**RI President**  
**John Kenny**

**9710 DG**  
**Michael Pedler**

**President**  
**Jack Wightman**

**Secretary**  
**Ted Bladwell**  
**Laurelle Pacey**

**Treasurer**  
**John Messner**

**Apologies and additional guests to Phil Gaffney the Tuesday before the meeting on 44765547 or you will be charged for your meal.**

TONIGHT  
DEREK ANDERSON ON PROSTATE  
CANCER

## DUTIES

<b>TASK</b>	<b>30 July</b>	<b>6 August</b>	<b>13 August</b>
<b>Wheel</b>	John Messner	Mental Health	Rody Byrne
<b>Cashier</b>	Rody Byrne	Forum	Angie Ulrichsen
<b>Thanks</b>	Rolf Gimmel	at the	Ted Bladwell
<b>3-minute talk</b>	Ted Bladwell	Servos	George Barker
<b>FINES</b>	George Barker		Kris Elphick
<b>Introduction</b>	Kris Elphick		John Messner

## MEETING CALENDAR

30 July	Derek Anderson on Prostate Cancer
6 August	Fay Jackson - Mental Health Forum at the Servos
13 August	Judy Taylor - Anglican Minister, Bodalla
20 August	A meeting of the Board

## OTHER ACTIVITIES

23 August	Narooma Rotary Markets at NATA Oval
2 – 4 October	Great Southern Blues Festival
23 – 25 October	District 9710 Conference at Cooma

## THE FOUNDATION THOUGHT – THANKS TO MARILYN

The Annual Programs Fund of The Rotary Foundation makes provision for every district in the world to participate in the Group Study Exchange program. Good news! our District's GSE people intend to include Narooma in the visiting Arizona, USA tourism team's ACT & SE NSW itinerary and are going through the process of putting it together.

We need members for prospective home-stay hosts. Next meeting I will circulate a brief bio of each person in the incoming GSE team so that you can choose who you may like to look after. Dates have not yet been finalised but it will be Sept/Octoberish!

## THE WEEK THAT WAS – THANKS TO IAN

Apologies were received from Bob Aston, Jeremy, Phil and Angie. Tony, Paul, Rody and Max are on leave and Kevin is exempt from attendance.

Guests included John Drinkwater, from the RC of Bomaderry, Hon Rotarian, Pam Rayner and our guest speaker Barbra Williams from Alzheimer's Australia.

Bob Antill scored a double by winning the port and wine and the fine session was conducted by IPP Ted who avoided the 'theme' approach and fined Rotarians on their personal misdemeanours. Our guest speaker won the eggs produced by Marilyn's chooks.



Barbra Williams held our attention with a very well prepared Power Point presentation on the facts about dementia which is a symptom of many diseases (such as Parkinson's, Alzheimer's, Huntington's, CJD, etc.) rather than a disease in itself.

The good thing is that there are many ways in our everyday life that we can reduce the risks of dementia, by challenging our brain with unfamiliar tasks, eating healthily, being active physically, participating in social activities, drinking in moderation and not smoking.

A fascinating insight into all aspects of dementia delivered by a very knowledgeable and caring person. More information is available on [www.alzheimers.org.au](http://www.alzheimers.org.au)

Acknowledging that July is Rotary's Literacy month, Marilyn posed the following question to the meeting:

The opening lines of a famous novel are *"It was the best of times; it was the worst of times"*

Who can name the book and the author? – See elsewhere for the answer.



# RI PRESIDENT MESSAGE

August 2009

My fellow Rotarians:

I have always thought it important to bear in mind that Rotary is a voluntary organization, composed of people who are all themselves leaders. When addressing such an audience, I have never thought it fitting to exhort or demand. Every Rotary club is and must be autonomous: The leadership of Rotary International exists not to control, but to motivate and guide.

And so when we in Rotary speak about the importance of membership, I believe it of the utmost importance to bear in mind that the primary experience of Rotary, for the overwhelming majority of Rotarians, is of the club: of club meetings, club projects, and fellow club members.

When Paul Harris began the first Rotary club 104 years ago, he did not initially think of service. Instead, he had in mind a place where people of good character, intelligence, and morals could enjoy each other's fellowship and friendship. The service came later, as a natural outgrowth of the gathering of such people.

Every good Rotarian, every member who shares our core values, will make a club that much stronger, and that much more attractive for others to join. Unfortunately, it is also the case that bringing in the wrong person can have the opposite effect. Rotarians are and must be people of a certain caliber – people with the capacity to do great deeds, the sense to do them wisely, and the strength of character to do them honestly and well.

In the end, I believe that the best way to bring new members into Rotary is the way it has been done for generations: One member invites a carefully chosen friend, client, or colleague to a meeting and, if the



match is a good one, proposes that individual for membership. This is the way that our clubs remain harmonious; it is the way that new clubs become old clubs, and new members become Rotarians for life.

The membership challenges that we face today are considerable, and in many ways new. There is no denying the difficulties posed by the current global financial situation. But in the words of Henry Ford, "If money is your hope for independence you will never have it. The only real security that a man will have in this world is a reserve of knowledge, experience, and ability." And as long as we all do our jobs well, and bring in new members carefully, this is a security we in Rotary will never lack.

John Kenny  
President, Rotary International

# REACH ONE, KEEP ONE

By Jennifer Lee Atkin

Rotary International News -- 21 July 2009

The RI Board of Directors adopted a new membership slogan, "Each Rotarian: Reach One, Keep One," at its June meeting.

The slogan emphasizes the need for Rotarians to focus on both recruitment and retention in their membership growth efforts.

"Membership development is each Rotarian's responsibility," said Paul Netzel, a member of RI's Membership Development and Retention Committee and a past RI director.

"'Reach One' reminds us that because Rotary membership is by invitation, it's essential that each Rotarian reaches out and invites someone to join," added Netzel, a member of the Rotary Club of Los Angeles.

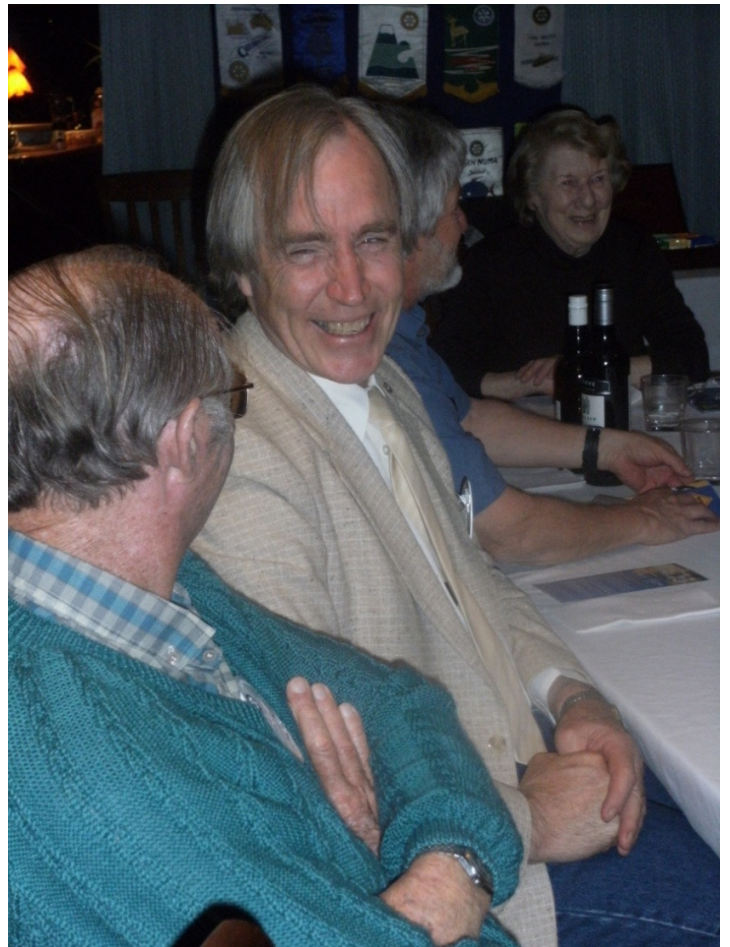
"'Keep One' reminds us that it's not sufficient to simply sponsor someone into Rotary; we must also see that new members become active and involved Rotarians. We know this is an essential element in membership retention."

The new slogan complements the Board's long-term membership strategy, which was also adopted at the June meeting.

## Member sponsor and retention recognition

At its January meeting, the RI Board adopted a New Member Sponsor and Retention Recognition program, which became effective 1 July. The program, also part of the long-term membership strategy, allows Rotary club presidents to nominate and recognize individuals for sponsoring new members while focusing on retention. There are several award categories:

- Gold pin and certificate: For Rotarians bringing 25 members into any Rotary club, with 20 still active after six years
- Silver pin and certificate: For Rotarians bringing 10 members into any Rotary club, with eight still active after four years
- Bronze pin and certificate: For Rotarians bringing five members into any Rotary club, with four still active after two years



# THE FUNNY SIDE

One day in the Garden of Eden, Eve calls out to God, "Lord, I have a problem!"

"What's the problem, Eve?"

"Lord, I know you've created me and have provided this beautiful garden and all of these wonderful animals, and that hilarious comedy snake, but I'm just not happy."

"Why is that, Eve?" came the reply from above.

"Lord, I am lonely. And I'm sick to death of apples."

"Well, Eve, in that case, I have a solution. I shall create a man for you."

"What's a man, Lord?"

"This man will be a flawed creature, with aggressive tendencies, an enormous ego and an inability to empathize or listen to you properly. All in all, he'll give you a hard time. But, he'll be bigger and faster and more muscular than you. He'll be really good at fighting and kicking a ball about and hunting fleet-footed ruminants, and not altogether bad in the sack."

"Sounds great," says Eve, with an ironically raised eyebrow.

"Yeah, well. He's better than a poke in the eye with a burnt stick. But, you can have him on one condition."

"What's that, Lord?"

"You'll have to let him believe that I made him first."

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A woman is a person who, if she says to a man, "Never mind, I'll do it myself," and he lets her, and she gets mad, and he says, "Now what are you mad about?" says, "If you don't know I'm not going to tell you."

## INTERNATIONAL TOAST

Tonight we toast the Rotary Club of Apt-Cavaillon en Luberon, Gordes, Provence, France. The Club meets at Le Puits Fleuri les Martins. It was chartered 1969 and has 59 members.

## PHOTOS

Page 3 George and Ian discuss a Tale of Two Cities by Dickens  
Page 4 Kris presents guest speaker Barbra Williams with a gift  
Page 4 Lin and visiting Rotarian John Drinkwater

# MEMBERSHIP DETAILS

Member	Partner	Classification	Home	Work
ANTILL Bob	Merinda	Photo Journalism	4476 3048	0400 104731
ASTON Bob	Therese	Education – Administration	4476 8266	44753300
BARKER George	Anne	Painting Contractor	4476 2607	4476 2607
BLADWELL Ted	Sam	Stud sheep Raising	4476 4676	
BYRNE Rody	Margaret	Law – Commercial	4476 5716	
ELPHICK Kris	Steve	Bank Management	4476 7395	4476 2900
FAHEY Tony	Sue	Education – Secondary	4476 8141	4476 4377
FERGUSON Jeremy	Heather	Rural Contracting	4476 2430	4476 2430
GAFFNEY Phil	Daiva	Accounting	4476 5547	4476 5547
GIBSON Marilyn	Jim	Education- Primary	4476 3805	4476 2556
GIMMEL Rolf	Debbie	Pastry Cook	4476 2274	4476 2243
MESSNER John	Kerry	Financial Planning	4476 2160	4476 2160
MOREY Lindsay	Maureen	Apple Growing	4476 2007	
O'BRIEN Chris	Peter	Lighting – Retail	4476 7595	4476 8282
PACEY Laurelle	Stephen	Journalism	4476 1582	4476 1582
REID Max	Pat	Packaging Services	4476 1676	
SMITH Paul	Ann	Holiday Accommodation	4476 7212	4476 4377
THOMLINSON Ian	Micki	Accommodation - Farm	4476 3177	4476 3177
ULRICHSEN Angie		Nursing Services	4476 5449	
WIGHTMAN Jack	Carolyn	Defence Forces - Rtd	4476 8442	
YOUNG Kevin	Maureen	Grocery - Retail	4476 2674	
<b>Honorary Members</b>				
INGS Jack	Joy		4448 7069	
HARDIE Bill	Lillian		4476 5787	4476 2333
McGOVERN Frank			4473 5440	
RAYNER Pam			4476 7788	