

Rotary Club of Narooma Inc. weekly bulletin

The Beacon



SERVICE Above Self

Vol. 48 No. 29

11 March 2006

RI Pres: Carl-Wilhelm Stenhammar District Governor: Noel Trevaskis

Richard's Rambles

Welcome to our combined International Night tonight with Quota at the Tilba Winery. I'm really looking forward to it and making it a great success. Dig deep, it is a good cause. Many thanks to everyone who has worked so hard to make tonight happen.



I thank members for attending the Club forum and the finalization of the AGM. It was with regret that I had to ask two guests to leave the meeting, but rules are rules. Only current members can attend.

Enjoy the evening.

President Richard

MARCH IS POLIO ERADICATION MONTH

Program

Tonight: Welcome to our combined International night at Tilba Winery with Narooma Quota. 7 for 7.30pm. Cost \$28.

Happy anniversary of his induction to Richard Lovatt (13th).

TASK	11 March	16 March	23 March
Greet/welcome/wheel	SATURDAY	Laurelle Pacey	Kris Elphick
Cashier	INTERNATIONAL	Ian Thomlinson	Jeremy Ferguson
Toast / thanks	NIGHT	Jack Wightman	Lin Morey
4-way test	TILBA WINERY	Lin Morey	Neville Gough
3-minute talk	WITH	Robert Wignall	Marilyn Gibson
FINES	QUOTA	Bob Aston	Laurelle Pacey
Introduction		Kevin Young	Chris O'Brien

If you can't make it to the next Rotary meeting at any time, please ring our attendance officer Robert Wignall 4476 1552 or you will be charged for your meal.

NEXT WEEK : NYF plus we will hear about NYSF from Malcolm King.

COMING EVENTS:

- 23 March Our Club meeting moves to Bega for visit of Rotary International President Carl-Wilhelm Stenhammar and combined Clubs meeting.
- 26 March **ROTARY MARKETS AT NATA OVAL**
- 27 March (Mon) **BOARD MEETING AT THE WHALE 6PM**
- 30 March **NYF**
APRIL IS MAGAZINE MONTH
- 6 April **NYF**
- 13 April **Cinders Challenge with Moruya RC in Narooma. TBC**
- 20 April **NYF**

Robert Wignall is program organiser so if you have some ideas, please tell him.

The week that was....

This turned out to be quite a productive business night. Our guests, 'visiting' Rotarian Lin Morey and Chris O'Brien's relation Brenda Evans from England joined us for the first part of the evening.

Lin Morey gave us a three minute talk, not about apples.

The AGM was finally completed, and then we had a fair bit of discussion about various club matters.

The most memorable part of the discussion was Robert Wignall's ideas. He is keen to see the club tackle a major project that would be great fun and put the Club's name up in lights. He is brimming over with ideas and after hearing of his past promotional efforts in association with his various Canberra escapades it set quite a few of us thinking. Watch this space!

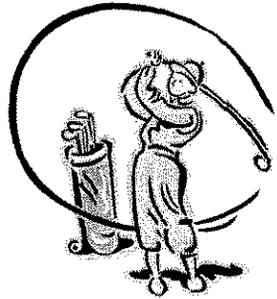
Don't forget Bowelscan is now on—publicity on the radio and more in the newspaper this coming week.

If you haven't already booked for Bega and would like to go (see page 9) see Jack Wightman.



PE Marilyn Gibson has safely returned from PETS having had ideal weather for 'the only way to travel'. Hopefully she will be able to pen a few lines for the next bulletin about the weekend.

Tonight's International Night is a Quota-Rotary fundraiser for the Rambukka Children's Village in Sri Lanka which is currently being managed by former Rotarian Louise Murkins and her partner Gary of Dalmeny. They would appreciate any financial support we can provide.



Club notes

Junee Bushfire Appeal: Secretary Ross Reid of RC of Junee has written on behalf of President Chris Paton - "I wish to thank you and your club for your very generous donation towards the bush-fire appeal. Your gift and those of others will be thankfully received and faithfully applied."

ACT Antique & Collectables Fair: This event is presented by the RC of Canberra City annually to raise funds for charitable purposes. This year it is for specialist training of Breast Care Nurses for ACT. It is being held in the Albert Hall on the weekend 31 March to 2 April, and we have an invitation for two to attend the official opening at 6.00 pm on the Friday evening, the 31st. I have details for anyone interested.

Secretary Jack Wightman

Check your bowels!

Bowel cancer kills 90 people each week in Australia and Rotary is determined to reduce that through Bowelscan.



For the next month, our club will stock pharmacies in Narooma, Bermagui and Cobargo Rotary's bowel cancer screening kits. Make sure you pick up a kit and use it. It could save your life. This year we are part of a combined push by many clubs in this and adjoining Rotary Districts.

Leading gastroenterologist Dr Martin Veysey says bowel cancer is the most common cancer in NSW for men and women BUT, if detected early, it's one of the most curable.

Everyone over 40 should test themselves each year. Of the 12,000 new cases of bowel cancer diagnosed each year, one in 20 are in people under 55 with the highest incidence in those over 70. The kits cost \$8, are easy to use, and must be returned to that pharmacy for pathology collection.

Dr Veysey says the test detects blood in the stool which may indicate cancer that needs further investigation. Each person will receive their confidential results from the Rotary Bowelscan Medical Coordinator and, if positive, their nominated GP will also be notified.

DG Noel writes ...

G'day!

This month is an exciting month for a number of reasons; firstly it is Polio Eradication Month.

Rotary International wanted to give a gift to the children of the world to celebrate the Centenary of Rotary, the gift of a world free of the crippling disease Polio.

This didn't happen because of some unfortunate circumstances over which we had no control, but we will see the eradication of Polio soon. Already millions of children around the world have been spared from this crippling disease, Rotary has done that, that is you and I as Rotarians have helped do this. The PolioPlus program and what we have achieved gives me great pride to be able to say I am a Rotarian and that I am helping to eradicate Polio. We should share that with as many people as we can so that they can join with us and celebrate the final eradication of Polio.

Tony Rolfe and his GSE team head to District 1090 on the 15th March. District 1090 in England is looking forward to hosting the 'Aussies' and repaying us for the hospitality, cultural and vocational experiences that their team had here with us.

Tony's team has put together a presentation that the entire District can be proud of; they will be great ambassadors for our District and Australia. You will be able to follow the teams exchange via the District website which they will be updating their page regularly.

On behalf of the District I wish Tony and the team members all the best for the Group Study Exchange I am sure it will be a memorable experience for all of you.

RI President Carl-Wilhelm Stenhammar and his wife Monica will be joining us for two Club visits at Bega and Goulburn Argyle Clubs. There will be a number of inductions of new members and the naming of some Paul Harris Fellows. President Carl-Wilhelm is an in-



Sue and Noel Trevaskis

spiring speaker and is very personable. Book now for either Bega or Goulburn, seats are limited.

Past RI President Frank Devlyn is the Chairman of the Rotary Foundation Trust will be speaking at the National Press Club on the 3rd April and on the 4th April at the Mit-tagong RSL Club. You can register for these two events on the District website.

Memberships is taking off in some Clubs. Batlow inducted three new members last month and have another three to come in. Batlow as a town has been struggling and membership dropping but through their commitment to BEYOND 2000 they are now benefiting from their hard work, well done!

Hall Club inducted four new members, South Nowra three, Ger-ringong Sunrise six new members last week. People still ask me if I still believe that we can achieve over 2,000 members, my answer is an emphatic 'Yes'! If Clubs were to embrace BEYOND 2000, which would mean 700 teams of two members seeking out new members, I am sure that each team of two could bring in one new member. If that happened we would go way beyond 2,000 members.

Then we must make sure we retain our new members as well as our existing ones. We need to teach them about Rotary. We need to make sure our meetings are well run, interesting, vital, and finish on time. If our members look forward to attending Rotary each week we know our program is right. Rotary meetings should be fun to attend! Enjoy Rotary! Share it with someone today!

Regards

DG Noel Trevaskis



RI President Carl-Wilhelm Stenhammar

Random thoughts for sleepless nights

Courtesy Moruya bulletin

- I started out with nothing and I still have most of it.
- My wild oats have turned into prunes and All Bran.
- Only difference between a rut and a grave is the depth.
- I wish the buck stopped here—I sure could use a few

News around the District

Bombala RC celebrates its 50th

DG Noel and Sue Trevaskis attended the RC of Bombala's 50th Anniversary celebrations on 4 March. DG Noel praised the clubs contributions to the community of Bombala over the last 50 years as well as to the international community. PDG Tony Garnock was charter President and is still active in the Club along with wife Peg.

President Claus Zimmer produced a CD two years ago of the choir which was made up of members of the Rotary Club and community members. The first CD made \$16,000 profit for the Club which will go towards the construction of a Helipad at the Bombala hospital. Claus has been busy producing a second CD of the Rotary choir which was released at the 50th Anniversary celebrations.

District Assembly in Yass 6-7 May

District Assembly is on 6 & 7 May in Yass and DG Noel is urging all Board members and incoming members to attend. Incoming Secretaries, Treasurers, Bulletin Officers, Program Officers, Sergeants, etc. will be catered for in a program designed to strengthen individual Clubs specifically and foster progress and growth throughout Rotary generally. Usually handbooks, brochures and other material have been made available to anyone interested. Each person that attends will improve the outcomes for the entire District.

Come and meet our RI President

Bega Club is hosting a visit to our Rotary District by RI President Carl-Wilhelm Stenhammar on Thursday 23 March.

Our club meeting will move to Bega that night. RI is regarded as an excellent and inspirational speaker.

The Bega Meeting will be at the Bega RSL Club, 6.30 for 7 and will conclude at 9 pm allowing everyone time to travel back home at a reasonable hour.

The cost is \$30 person and there will be no raffles or auctions at the meetings. See Jack Wightman for booking.

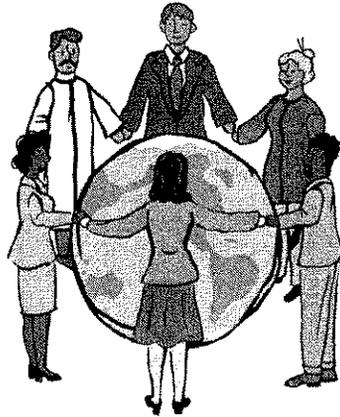
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RAWCS team returns home

The RAWCS teams returned home after helping out our neighbors to the North. Thirty-six people from District 9710 went to the Golden Triangle in Thailand and have just returned home after an exhausting two weeks but, by reports, all thoroughly enjoyed it.

Teams continue to be involved in the Agricultural College at Nata Bora in Timor Leste. Colleen and Alan Elton would welcome the opportunity to speak to your Club about this project.

Colleen Doyle, now living in London, is still coordinating the water filtration plants for Thailand through her Club Canberra East. A number of 9710 Rotarians have returned from helping out with that project which is being funded under the Matching Grants program.



DGE Mick returns from International Assembly

DGE Mick and Lori Newling have returned home from their training session at the International Assembly where they were joined by DGEs and their partners from all 529 Districts around the world.

You can read more about the International Assembly on the RI website. The theme for 2006-2007 announced by RI President Elect Bill Boyd is “Lead the Way”.

International Toast

Tonight we toast the Rotary Club of Kandy, Central Province in Sri Lanka, District 3220. The Club was chartered in 1941 and has 63 members.



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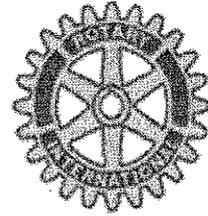
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16th March 2006

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Richard's Rambles

Tonight we welcome our special guest Malcolm King of Narooma High who will tell us about his experiences at the National Youth Science Forum in January and the opportunities it has opened up for him.

Last Saturday's combined meeting with Quota was a great success, both from the social side and with our goal; of fundraising to assist the children at the orphanage at Rambukkana Village in Sri Lanka currently being managed by Louise Murkins.

My special thanks to Peter Lynch, Chris O'Brien, Maureen and Kevin Young and the group of unsung workers who made it possible. To our guests, the list is long but distinguished, I thank you also for attending and contributing to the night.

Peter has prepared a report on the night which is published below. To management and staff of the Tilba Winery, I thank you for making the venue available and for your presentation of the meal and service.

President Richard

The week that was ...

Thank you to everyone who attended and joined in the spirit of our International Night at Tilba Winery last Saturday held in conjunction with Narooma Quota.

We raised about Rp 102,000 (AU \$1,200) for the Rambukkana Village which I am sure will be most gratefully received by Louise and Gary on behalf of the children.

My thanks to **Chris O'Brien** for the donation of prizes and running the trivia; **Richard** and **Di Lovatt** for their contributions to the prize pool and Richard's open-ended offer to help in any way before and on the night.

My sincere thanks to **Kevin** and **Maureen Young** who carried the heavy end of the load in the liaison with Quota, soliciting support, mounting posters etc and of course looking after the financials.

*Peter Lynch
International Director*

MARCH IS POLIO ERADICATION MONTH

Program

TONIGHT: We look forward to hearing from Malcolm King about his experiences at the National Youth Science Forum.
No known celebrations this week.

TASK	16 March	23 March	30 March
Greet /welcome/wheel	Neville Gough		Kris Elphick
Cashier	Ian Thomlinson	MEET THE	Jeremy Ferguson
Toast / thanks	Jack Wightman	RI PRESIDENT	Lin Morey
4-way test	Lin Morey	IN BEGA	Neville Gough
3-minute talk	Robert Wignall		Marilyn Gibson
FINES	Bob Aston		Laurelle Pacey
Introduction	Kevin Young		Chris O'Brien

NEXT WEEK: Our Club meeting moves to Bega for the visit of Rotary International President Carl-Wilhelm Stenhammer and a combined Clubs meeting at Bega RSL Club, 6.30 for 7pm. Cost \$30 p.p.

COMING EVENTS:

26 March	ROTARY MARKETS AT NATA OVAL
27 March (Mon)	Board meeting at the Whale 6pm.
30 March	NYF
13 April	Cinders Challenge with Moruya RC in Narooma. TBC
20 April	NYF

On a lighter note...

I couldn't find my bags at the airport pickup area, so I went to the office and told the attendant my bags were not there.

She told me not to worry and I was in good hands and they had systems in place to deal with this.

"Now," she said, "has your plane arrived yet?"

INTERNATIONAL TOAST

Tonight we toast the Rotary Club of Malmö-City, Sweden in District 2390. The Club was founded in 1975 and has 51 members.



Don't forget to check your bowels with a Rotary Bowelscan kit. Only \$8 from both Narooma Pharmacies. It could save your life.

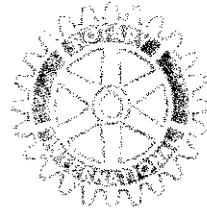
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23 16 March 2006

SERVICE



Richard's Rambles

To-night, I am sure will be one to remember. Rarely do we have the opportunity to be addressed by an RI President in person. We welcome RI President Carl-Wilhelm Stenhammer and his wife Monica to our wonderful South Coast. It is a great honour for the Rotary Club of Bega and District 9710.

I look forward to an excellent night, a combined meeting of at least six Rotary Clubs with our DG Noel and his wife Sue, making one feel proud to be a Rotarian.

Unfortunately I was unable to be present last meeting but, from the feedback I received from members, Malcolm King did an excellent job in telling of his experience at the Youth Science Forum and expressing his thanks to our Club in supporting his attendance. As one member said 'an impressionable young man, we will be seeing more of him in the future.'

President Richard



RI President Carl-Wilhelm Stenhammer

The week that was ...

We had six apologies last week, all sorely missed. Away were Marilyn Gibson, Richard Lovatt, Chris O'Brien, Laurelle Pacey, Georgina Staley and Frank McGovern.

Malcolm gave a wonderful report on his NYSF experiences in January. He had been unable to attend our earlier Youth Nights but made up for that last week. In addition to the usual guest speaker's present (to hold his pens and pencils), he received via Vice President Jeremy a NYSF Certificate of Attendance and Bob Aston received on behalf of Narooma High School a certificate congratulating the school on the selection of Malcolm for NYSF.

Interested in meeting Past RI President Frank Devlyn? He will be speaking at the National Press Club on 3rd April and at Mittagong RSL Club on 4th April. Registrations can be made via the District website.

MARCH IS POLIO ERADICATION

Program

TONIGHT: We join other Rotary Clubs in the south east region in welcoming Rotary International President Carl-Wilhelm Stenhammer and his wife Monica to a combined Clubs meeting at Bega RSL Club. Seats are only by pre booking with a 6.30 start for a prompt sit down before 7.00. Cost \$30 p.p.

Happy birthday to Mary Maclean (today), Frank McGovern (24th) and Steve Deck (25th).

TASK	23 March	30 March	30 March
Greet /welcome/wheel		Kris Elphick	Laurelle Pacey
Cashier	MEET THE	Jeremy Ferguson	Peter Lynch
Toast / thanks	RI PRESIDENT	Lin Morey	Ian Thomlinson
4-way test	IN BEGA	Neville Gough	Jack Wightman
3-minute talk		Marilyn Gibson	Robert Wignall
FINES		Laurelle Pacey	Kevin Young
Introduction		Chris O'Brien	Bob Aston

If you can't make it to the next Rotary meeting, please ring our attendance officer Robert Wignall the day before 4476 1552 or you will be charged for your meal.

NEXT WEEK: NYF

COMING EVENTS:

26 March ROTARY MARKETS AT NATA OVAL
 27 March (Mon) Board meeting at the Whale 6pm.
 13 April Cinders Challenge with Moruya RC in Narooma. TBC
 20 April NYF

Don't forget to check your bowels with a Rotary Bowelscan kit. Only \$8 from both Narooma Pharmacies. It could save your life.

INTERNATIONAL TOAST

We toast the Rotary Club of Dickson in the state of Tennessee, District 6760. The Club was formed in 1958 and has 26 members.



Markets Roster for this weekend

Saturday - mark out: Jack Wightman, Peter Lynch, Kris Elphick

Sunday

6-9 (gate): Chris O'Brien, Marilyn Gibson

Put signs/bunting out: ?

Tow van in: Jeremy Ferguson

Set up van (7.30-9): Bob Aston and ?

9-12: Robert Wignall

12- 2: Ian Thomlinson, Peter Lynch

Bring in signs/bunting: ?

Tow van back: Peter Lynch and Richard

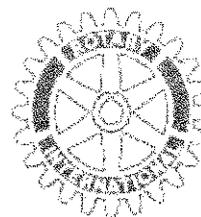
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30 March 2006

SERVICE



Richard's Rambles

Last Thursday night was one to remember. Members who didn't attend certainly missed something special. It was a pleasure to meet and hear RI President Carl-Wilhelm Stenhammer, a most impressive man.

DG Noel Trevaskis also presented our Club with the 2005/2006 Annual Conference Shield for winning the best attendance at that event. Thank you to all who attended.

Not many people would have had their motor vehicle registration read out in the presence of the RI President. I did - I had left my lights on. No prize.

Unfortunately we have no guest speaker for tonight

President Richard

The week that was ...

What a great night in Bega last week when RI president Carl Wilhelm Stenhammar addressed over 200 people representing Rotary Clubs from around the south east. Rotarians from 14 clubs from Batemans Bay to Orbost, Bombala Canberra and Goulburn attended the dinner at Bega RSL Club, along with Member for Eden Monaro Gary Nairn, Member for Bega Andrew Constance, and Mayor of Mega Valley Shire Council Tony Allen. Our congratulations to Bega Club for a top night.

President Carl-Wilhelm said it was rare for the president to come to Australia during his term of office and even rarer to visit clubs in a country region, but visiting country areas was the only way to find out what was really happening in Rotary. He's found there are two things Rotarians want from their President - one is to shake his hand, the other to have their photo taken with him. Many of us scored on the first but not on the second because our photographer was too slow and the CW moved on too quickly.

President Carl-Wilhelm was impressed with the health and vitality of south-east clubs, inducting many new Rotarians and handing out several awards. Bega Rotarian John Leach received a sapphire pin to his Paul Harris Fellow, Jim and Moira Collins received well deserved Paul Harris Fellows for all they have done for Timor Leste. President Richard was one of the select few presented with the new Swedish (Rotary Tie) by President Carl Wilhelm. Di received a scarf.

INTERNATIONAL TOAST

We toast the Rotary Club of Ginza in Tokyo, District 2750. The Club was formed in 1958, like us, and has 174 members.

Program

TONIGHT: No guest speaker.
No known birthdays or anniversaries this week.

TASK	30 March	6 April	13 April
Greet /welcome/wheel	Kris Elphick	Laurelle Pacey	
Cashier	Jeremy Ferguson	Peter Lynch	Kris Elphick
Toast / thanks	Lin Morey	Ian Thomlinson	
4-way test	Neville Gough	Jack Wightman	CINDERS
3-minute talk	Marilyn Gibson	Robert Wignall	CHALLENGE
FINES	Laurelle Pacey	Kevin Young	Partners
Introduction	Chris O'Brien	Bob Aston	Night

If you can't make it to the next Rotary meeting, please ring our attendance officer Robert Wignall the day before 4476 1552 or you will be charged for your meal.

NEXT WEEK: Jeff Martin of Bega will talk about the Salvation Army

COMING EVENTS:

13 April Cinders Challenge with Moruya RC, Narooma. Induction John Messner. PARTNERS NIGHT
20 April SPEAKER NYF. Tertiary Scholarship winner Gemma Behrens will update us on her studies
23 April ROTARY MARKETS AT NATA OVAL

Highlights from the Board meeting

The Board met on 27 March with apologies from Georgina Staley and Laurelle Pacey.

Bulletin: New format regarded favourably. Email plus hard copies courtesy Marilyn Gibson.

Vocational visit to Narooma High School: Vocational Director Ian Thomlinson has organised for the club to meet at the School on 1 June for dinner provided by the Hospitality faculty.

Rambukkana Children's Village: International Director Peter Lynch reported how successful it was combining with Quota to organise the International Night. Each club has \$616.10 to Louise Murkins and Garry Bryen via their Australian office.

Gemma Chandler appeal: Ian Thomlinson also reported that the \$1,000 released by Sue Trevaskis from the District Children's Emergency Medical Fund will be used to purchase a bathing kit for Gemma. Her need for Growth Proportionate Seating equipment was met by MP Andrew Constance's representations to the NSW Government). President Richard remarked Sue was very concerned and interested in the case and regretted having to limit the amount donated.

Literacy project: PE Marilyn advised that we will continue to be involved in the provision of first reader books to mothers of babies born at Moruya District Hospital.

Bowelscan: Coordinator Jack Wightman reported that up to 24 March, 134 kits had been sold in Narooma. A problem has been that kits returned to the Bermagui and Cobargo pharmacies have not been collected as arranged by Rotary Bowelscan.

More highlights from this week's Board meeting will follow in the next issue.